



Creating a Future of Opportunity

FOR IMMEDIATE RELEASE

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Teen mentoring groups welcome new members

The UpValley Family Centers provides youth mentoring groups for young Latinos and Latinas at local middle schools and high schools up valley. CLARO (Challenging Latinos to Access Resources and Opportunities) and CLARA (Challenging Latinas to Access Resources and Opportunities) is a youth program for students in the 6th to 12th grades.

Sessions begin in the fall, are held weekly, and led by positive role models. The groups focus on developing skills related to decision-making, conflict resolution, communication, self-reflection, increasing awareness of one's cultural identity, and exploring the many possibilities of postsecondary education. These prevention-oriented groups foster positive connections among peers, build students' engagement in school, strengthen self-identity, and develop leadership skills.

Participating schools are Calistoga Junior/Senior High School in Calistoga; RLS Middle School and St. Helena High School in St. Helena. In 2015-16, 145 students participated in the program.

Any student who is interested in increasing their appreciation for cultural diversity is welcome, regardless of ethnicity. If you are interested in being part of CLARO/CLARA in St. Helena or Calistoga please contact: Danny Almanza at dalmanza@upvalleyfamilycenters.org or (707) 965-5010.

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