



COVID-19 Support for Older Adults

Who do I call if I need support? (707) 253-4540



Food Assistance

Mental Health

Utilities

Health Coverage

Financial Assistance

Housing topics

Testing Information

Health Order Information

General questions

COMPREHENSIVE SERVICES FOR OLDER ADULTS / AREA AGENCY ON AGENCY

- In Home Support Services (IHSS), IHSS Public Authority, Veterans Office Services: **(707) 253-3818**.
- Medi-Cal and CalFresh: **(707) 253-4511**
- Adult Protective Services: if you suspect that an elder or dependent adult is being physically abused, neglected, or financially exploited, call (toll free) **(888) 619-6913**
- Senior Information and Assistance: If you're 60+ years old, find services for food, transportation, housing and caregivers, **(707) 253-4248**

FOOD ASSISTANCE

Meals on Wheels: If you are homebound and 60+ years old and need support accessing meals please call: **(707) 253-6100**.

Family and Community Resource Centers: These centers can help with general questions about food access and provide range of family support services.

- UpValley Family Centers **(707) 965-5010**
- On the Move **(707) 363-8390**
- ParentsCAN **(707) 253-7444**
- Puertas Abiertas **(707) 224-1786**
- Catholic Charities **(707) 890-0211**
- Cope Family Center **(707) 252-1123**

MENTAL HEALTH RESOURCES

Napa County Mental Health offers mental health assessments and referrals as well as warm line support (Monday – Friday, 8 a.m. – 5 p.m.) for individuals of all ages who are experiencing anxiety, stress, worry, depression, etc. related to COVID-19.

Call **(707) 259-8151** or **(800) 648-8650**.

Mentis has a phone line Monday – Friday for older adults (60+) experiencing worry or concern over COVID-19. English: **(707) 299-1885** or Spanish: **(707) 299-1884**.

LGBTQ Connection offers LGBTQ-friendly, free, drop-in counseling by phone appointment at **(707) 948-6640**.

ANIMAL WELFARE

Jameson Rescue Ranch: Provides support for food and animal care, especially for individuals who are homebound. Call **(707) 927-3536**.

Napa County Public Information Line: (707) 253-4540

Senior Information and Assistance: (707) 253-4248

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