



**UpValley Family Centers
2016-17 Accomplishments
July 1, 2016 - June 30, 2017**

People, Places and Programs



The UpValley Family Centers is a strong organization financially and programmatically. We ended our 3rd year in excellent financial shape, meeting the \$1,656,552 expenses required to deliver our programs while at the same time growing our board-designated operating reserve to 4 months' operating expenses. We received a clean, unqualified audit for the fiscal year.

Our dedicated 13 member Board and 19 professional staff worked passionately and with great agility to meet the increasing daily needs of our clients and to promote healthy, positive outcomes during these uncertain times. Our growing staff, receiving ongoing professional training in key areas, has increased our capacity to deliver high quality bilingual programs.

We assisted 3,487 individuals, from babies to seniors, not only on-site at our three locations: 2 in Calistoga and 1 in St. Helena but also off-site at local K-12 schools, churches, resource fairs, and at town hall meetings. 73% of families and seniors we served are living in poverty (living on less than \$40,000/year) and live and work in our rural communities of Calistoga, St. Helena, Deer Park, Angwin, Pope Valley, Lake Berryessa, Oakville and Rutherford.

We remained committed to our 6 program focus areas as detailed below:

Education Program - highlights

- Reached 122 children ages 2-5 and parents through weekly **Niños Activos school readiness playgroups**. 59 parents increased reading with their child.
- Reached 143 middle/high school youth through **CLARO/A mentoring programs**. 30% of youth were referred to other services (i.e. counseling, academic support, safety net services.)
- Reached 55 parents with **Triple P parenting education** discussion groups, 167 adults with ESL, GED and Spanish Literacy classes.





Health & Wellness Program - highlights

- We assisted 492 children and adults to get **Medi-Cal health insurance** and 534 people with referrals to Medi-Cal covered services.
- We assisted 120 students to obtain **school-based counseling** services in Calistoga and St. Helena school districts.
- Our Drug Free Communities Coalition led educational activities to 300 students during **Red Ribbon Week** and 50 parents attended a bilingual town hall on the impact of marijuana on the adolescent brain.

Immigrant Integration Program - highlights

- From January 2017 to date, we have had a 250% **increase in demand for immigration services** over the prior year.
- We assisted 98 people to file **immigration applications including DACA**; 29 people attended **free citizenship classes**.
- We provided 245 people with **family emergency preparedness planning** and 140 with **Know Your Rights workshops** offering essential information to our community.

Economic Success - highlights

- 601 households received **free tax preparation services** - a 15% increase over prior year. Over \$810,000 in tax refunds were returned to local households.
- Piloted onsite-Volunteer Income Tax Assistance (VITA) services at local farmworkers' housing residences.
- Since 2010, \$4,015,838 in **tax refunds** have come back to our community, giving working families more spending and saving power.
- 319 households received **holiday gifts/food assistance**.



Senior Services - highlights

- **Served over 200 seniors** in 2016-17 to access resources and services such as health insurance, legal services, counseling, caregiver support, and financial assistance.
- Convened a new **Latina senior women's group**; 15 women meet weekly in Calistoga.
- Served 25-40 Calistoga seniors each month, through our **free Lunch & Learn program**, in collaboration with City of Calistoga and Rianda House Senior Activity Center.

Community Connections - highlights

- Over 1,500 people participated in our **Back to School** and **Dia de los Muertos** community events last year, getting connected to resources and family fun activities.