

## Family Checklist

- Know your local Family Resource Centers for help with recovery resources:
  - Immigration resources
  - Healthcare providers and coverage
  - Health safety tips
  - Food resources
  - Replacement of important documents (birth certificates, ID's, immigration paperwork, etc.)
  - Housing
  - Employment and unemployment resources
  - Basic necessities
  
- Sign up for Nixle – text your zip code to 888-777.
  
- Stay at a shelter if you are overcrowded or living out of your car
  
- Get information on your local food resources
  
- Get replacement copies of your vital documents
  
- Make sure you have the **most updated** information about your child's school and the resources they will provide
  
- Register yourself and look for other missing people at [www.safeandwell.org](http://www.safeandwell.org)
  
- Complete a United States Postal Service change of address form

Up Valley Family Centers

**St. Helena:**

1440 Spring Street, St. Helena, CA 94574

**Phone:** (707) 965-5010

**Calistoga:**

1500 Cedar Street, Calistoga, CA 94515

1705 Washington Street, Calistoga, CA 94515

**Phone:** (707) 965-5010

Napa Family Resource Centers

COPE Family Resource Center

**Address:** 707 Randolph St, Napa, CA 94559

**Phone:** (707) 252-1123

McPherson Elementary School Family Resource Center

**Address:** 2670 Yajome St, Room 10, Napa, CA 94558

**Phone:** (707) 363-3798

ParentsCAN Family Resource Center

**Address:** 1909 Jefferson St, Napa, CA 94559

**Phone:** (707) 253-7444

Philips Elementary School Family Resource Center

**Address:** 1210 Shetler Ave, Napa, CA 94559

**Phone:** (707) 363-3798

Puertas Abiertas

**Address:** 952 Napa St, Napa, CA 94559

**Phone:** (707) 224-1786