

UpValley Family Centers Senior Services and Resource List



We Make Referrals To:

- Stop Falls Prevention Program
- Healthy Minds Healthy Aging Program
- Hospice and Adult Day Services
- Hoarding
- Napa County Health and Human Services
- Food Bank (Calistoga)
- Meals on Wheels (Calistoga)
- Brown Bag Program (Calistoga)
- Para Transit Service (Disabled)

RESOURCE LIST:

HICAP -- Health Insurance Counseling and Advocacy Program

Do you have questions about Medicare? HICAP can answer your questions on Medicare, Long Term Care Insurance, Plans and Options. To schedule an appointment please call - (800) 434-0222 or the Senior Services office - (707) 341-3185. By appointment only. HICAP website: www.sasnb.org

Legal Services – Bay Area Legal Aid

Free Legal Clinics for Seniors (60+) or income eligible. Meet with a qualified attorney individually for document preparation for Estate Planning, Power of Attorney for Finance, Advanced Directives and Simple Wills. To schedule an appointment in Calistoga with an attorney, please call their direct line (707) 320-6348. By appointment only. Website: <https://www.baylegal.org/> For more information and/or questions please call the Senior Services program (707) 341-3185.

MEDI-CAL/Cal-Fresh (Food Stamps)

Come in to speak to a Cal-Fresh eligibility worker for assistance with filling out an application. For questions and/or to make an appointment call - (707) 341-3185. By appointment only.

Mentis Mental Health Services

Medi-Cal and MediCare/Medi-Cal accepted. If you are interested in therapy services please call UpValley Family Centers Senior Services program for a referral (707) 341-3185. By appointment only.

Transportation -- Calistoga Shuttle

Calistoga Shuttle is an on demand transit service within the city limits of Calistoga for the general public. The shuttle is wheelchair accessible and also connects to the vine transit service.

Hours of operation (Monday thru Thursday) 7:00am to 9:00pm

Fridays and Saturdays 7:00am to 11:00pm

Sundays 11:00am to 9:00pm (Sundays, May through October only)

Transportation -- Vine Go Paratransit Service (ADA)

Vine Go is a countywide demand response paratransit service which serves persons with disabilities in the cities of Calistoga, St Helena, Napa, American Canyon, the Town of Yountville and the unincorporated areas of Napa Valley.

For more info call Up Valley Family Centers or come by to pick up an application and guidelines. Mail-in envelopes are also available.

You may also call The Vine customer service at (707)251-2800.

Molly's Angels -- Volunteer Transportation (Seniors 60+)

Do you, or someone you know need help getting to a doctor's appointment or need to get to the hospital lab for tests, etc.? Molly's Angels is a volunteer organization serving Napa County and can help with transportation. Volunteers will pick up the client and take to their doctor or hospital appointments and stay with the client and bring them back to their home. Transportation can include locations outside of Napa County including Vallejo, Vacaville, Fairfield, Santa Rosa, Sacramento and San Francisco.

Call (707) 341-3185 for more info

Call Molly's Angels (707) 224-8971

Veterans

Do you have questions about services and benefits for Veterans? For Napa County residents call Patrick Jolly County Services Officer at (707)253-6072 or email at Patrick.jolly@countyofnapa.org.

Veteran's Home application packets may be picked up at the UpValley Family Center, 1705 Washington St, Suite G, Calistoga, or call (707) 341-3185.

Napa County Caregiver Permit

Napa County adopted an ordinance #1342 in July of 2011 that requires all individuals providing care for compensation in Napa County to undergo a background check and obtain a permit.

For more info you may call (707) 341-3185 or pick up an application, come by Up Valley Family Center, 1705 Washington St, Calistoga.

You may also contact AAOA (Area Agency on Aging) at (707) 643-1797.

[Rianda House](#)

Rianda House offers a variety of activities, workshops and services for the UpValley senior population.

Call them to receive their calendar of upcoming events: 707-963-8555